

Approximately 17,000 children in Maine are being raised by relatives other than their parents (2010 Census). It is likely that clinicians already have encountered these children in their therapeutic relationships. These families, called **Grandfamilies**, are made up of grandparents, aunts, uncles, cousins, siblings, and other family members who are raising a relative's child.

This seminar will give clinicians more insight into the highly complex issues that Grandfamilies encounter and provide ideas on how to treat these families successfully.

The seminar will offer experienced guidance in various clinical issues, including *attachment, behavioral problems, kinship complexities, divided loyalties, and issues of loss and grief.*

Grandfamily members and F.A.C.T. staff will also offer insight and experience.



Participants will receive 6 credit hours. All attendees will be given a certificate of attendance. Please call Tracy Cooley at F.A.C.T. for more information: 1-866-298-0896 or e-mail her at tcooley@mainekids-kin.org.

Participants who attend these sessions will:

- Gain a deeper understanding of the complexities of living with multi-generational families.
- Understand the stressors each family member lives with on a daily basis.
- Gain insight into the complexities of the web of guilt, shame, protectiveness, loss, and love with which Grandfamilies cope.
- Be given specific ideas for successfully treating Grandfamilies and the children they are raising.

ABOUT VIRGINIA HOLMES, Ph.D., LCPC

Virginia Holmes earned a master's degree in counseling psychology from Vermont College in 1988 and a doctoral degree in clinical psychology from the Union Institute in 1992. She has worked with children and families as a clinician in the Bangor and Ellsworth areas for over twenty years. Her areas of expertise include trauma, problematic behaviors, gender differences, and social difficulties. She now acts as a consultant for private practitioners and Families And Children Together as a consultant for the Maine Kids-Kin program.

Training seminar funded by the Maine Kinship Connections Project through Fostering Connections Grant #UM-S841 from the U.S. Department of Health and Human Services.

SEMINAR LOCATIONS AND TIMES:

Orono

March 29, 2012

8:30 am *Registration & Check In*
9:00 am - 4:30 pm *Program*
Buchanan Alumni Center
University of Maine

Portland

April 3, 2012

9:00 am *Registration & Check In*
9:30 am - 5:00 pm *Program*
Casey Family Services

Hallowell

April 12, 2012

8:30 am *Registration & Check In*
9:00 am - 4:30 pm *Program*
Maple Hill Farm



Cost: \$40, which includes training materials and lunch. Registration limited to 25 participants per session. Confirmation and directions will be sent upon receipt of payment. Participants will receive 6 credit hours.

YES, I WOULD LIKE TO ATTEND
Understanding Grandfamilies
Treating Children and Families in
Kinship Placements

To register please fill out the form below
and return with your payment of \$40
(check or money order made out to
F.A.C.T.) to Tracy Cooley, Families And
Children Together, 304 Hancock Street,
Suite 2B, Bangor, ME 04401.

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Organization: _____

Email (For confirmation and directions):

I will be attending: (please check one)

- March 29, 2012 in Orono
- April 3, 2012 in Portland
- April 12, 2012 in Hallowell

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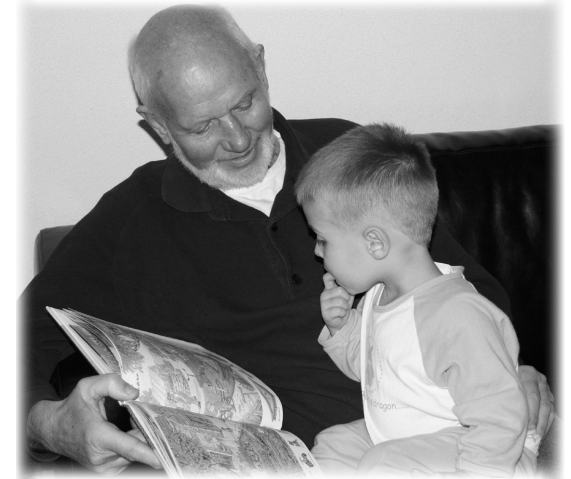
Families And Children Together
Maine
Kids + Kin

304 Hancock Street, Suite 2B
Bangor, ME 04401
www.mainekids-kin.org

Understanding Grandfamilies

Treating Children and Families in Kinship Placements

*A Mental Health Seminar For
Clinicians, Including Social Workers,
Therapists, School Guidance
Counselors, And Other Professionals*



Presenter: **Virginia Holmes, PhD, LCPC**

*Sponsored by Families And Children
Together (F.A.C.T.) and The University
of Maine Center on Aging*

Orono
March 29, 2012 8:30-4:30
Portland
April 3, 2012 9:00-5:00
Hallowell
April 12, 2012 8:30-4:30

*Please register early to confirm
placement and receive directions.*